

Women's BIG BOOK Study Meeting

Thursday's 12noon

Welcome to the Women's Big Book Study Meeting of Alcoholics Anonymous. My name is _____. I'm an alcoholic and present co-secretary of this meeting.

Please join me in a short 90 second meditation followed by the Serenity Prayer.

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

This is a closed meeting of Alcoholics Anonymous. Closed meetings are for A.A. members, or anyone who has a desire to stop drinking.

The purpose of this meeting is to study our basic text, the Big Book of Alcoholics Anonymous. We will discuss the contents as it relates to the disease of alcoholism and recovery through A.A.'s twelve-step program as outlined in the Big Book. This is a meeting about solutions and how to apply them in our lives.

It is important that each member has the opportunity to read and share, so we have no chairperson, and no announcements. We acknowledge newcomers and years of sobriety.

Is there anyone with 30 days or less that would like to introduce themselves?

Is there anyone who is new to this meeting?

Is there anyone celebrating an AA birthday of 1 or more years?

The format of the meeting is to READ one paragraph and share on that.

Please pass if you prefer not to read or share and please keep your share to 3 minutes.

Today we are starting on PAGE ____ PARAGRAPH ____

Notes to secretary:

***refer to the study guide reference page to introduce subject matter covered in the next 3-4 pages under study.**

- 1. Select someone to begin reading, starting with a birthday celebrant – if there is one - but not a newcomer or someone who is new to the meeting.**
- 2. The secretary has the discretion to warn people that they have gone past the 3 minute limit.**

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Note to secretary: 12:30pm Announce the following at about the half-way point,

There are 30 minutes left. We will continue to read and share while We practice the 7th Tradition, there are no dues or fees in AA – each group is self-supporting. Venmo code is on the basket. The pink can is for contributions to purchase literature for those in hospitals and institutions.

(Note to secretary: Let the next person know to start reading.)

(Note to secretary: At 12:58pm, close the meeting as follows:)

Thank you all for a great meeting.

AA literature is available on the table, pamphlets are free, books are for sale at cost.

This meeting is part of the Spiritual Progress Group which holds a monthly steering committee meeting on the 2nd Sunday each month at 10:45am. All are welcome to attend and those with service positions should attend.

Thank you all for helping to clean up and put away chairs immediately after the meeting. The room needs to be cleared out by 1:20pm.

After a brief meditation (one minute), _____ will close the meeting with a reading of the long version of the Serenity Prayer.

God grant me the serenity to accept the things I cannot change,
courage to change the things I can,
and the wisdom to know the difference,
living one day at a time; enjoying one moment at a time;
taking this world as it is and not as I would have it;
trusting that You will make all things right if I surrender to Your will;
so that I may be reasonably happy in this life and supremely happy with You forever in the next.
Amen.